

Table 9c. U.S. Regional Weather Data

U.S. Energy Information Administration | Short-Term Energy Outlook - January 2025

	2024				2025				2026				Year		
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	2024	2025	2026
Heating Degree Days															
United States average	1,904	413	50	1,336	2,008	469	74	1,444	1,980	467	74	1,438	3,703	3,996	3,959
New England	2,763	748	110	2,071	2,971	818	130	2,029	2,933	815	130	2,022	5,692	5,949	5,899
Middle Atlantic	2,517	563	69	1,864	2,749	654	86	1,857	2,711	651	85	1,850	5,013	5,345	5,298
E. N. Central	2,657	547	68	1,940	3,036	701	120	2,129	2,994	699	120	2,124	5,211	5,987	5,938
W. N. Central	2,836	597	88	2,066	3,188	706	154	2,351	3,167	705	154	2,349	5,588	6,399	6,375
South Atlantic	1,250	136	10	862	1,282	178	12	877	1,264	177	12	871	2,259	2,350	2,324
E. S. Central	1,663	167	11	1,066	1,718	232	19	1,223	1,679	232	19	1,219	2,906	3,193	3,148
W. S. Central	1,079	49	2	538	1,086	85	5	764	1,091	85	5	762	1,668	1,940	1,942
Mountain	2,241	694	103	1,667	2,190	711	154	1,842	2,167	711	154	1,840	4,705	4,898	4,871
Pacific	1,561	610	67	1,075	1,468	583	94	1,157	1,436	581	95	1,154	3,314	3,302	3,266
Heating Degree Days, Prior 10-year average															
United States average	2,103	483	58	1,444	2,048	476	55	1,424	2,014	478	58	1,443	4,088	4,003	3,993
New England	3,111	856	98	2,057	3,031	842	95	2,055	2,943	842	102	2,079	6,121	6,023	5,966
Middle Atlantic	2,889	685	63	1,878	2,798	671	60	1,869	2,716	676	65	1,900	5,516	5,399	5,357
E. N. Central	3,159	735	91	2,113	3,031	717	81	2,070	2,965	722	85	2,109	6,098	5,899	5,881
W. N. Central	3,295	729	120	2,303	3,192	714	111	2,258	3,173	719	117	2,296	6,447	6,275	6,305
South Atlantic	1,357	188	9	895	1,311	182	9	878	1,272	184	9	899	2,450	2,379	2,365
E. S. Central	1,757	248	14	1,206	1,696	242	13	1,171	1,653	246	14	1,205	3,225	3,122	3,119
W. S. Central	1,164	91	3	731	1,124	86	2	700	1,093	88	3	715	1,988	1,913	1,898
Mountain	2,210	697	128	1,802	2,222	696	124	1,792	2,251	696	127	1,789	4,837	4,833	4,863
Pacific	1,471	538	77	1,129	1,500	552	78	1,137	1,538	558	79	1,133	3,214	3,268	3,308
Cooling Degree Days															
United States average	53	496	942	138	49	445	966	106	51	449	974	106	1,628	1,567	1,580
New England	0	149	477	0	0	99	509	1	0	100	514	1	626	609	615
Middle Atlantic	0	243	618	7	0	183	657	5	0	185	663	5	868	845	852
E. N. Central	3	310	569	16	1	245	598	7	1	246	602	7	898	851	856
W. N. Central	11	332	673	33	5	297	734	11	5	299	737	11	1,048	1,046	1,051
South Atlantic	146	758	1,246	256	140	714	1,287	259	140	719	1,295	260	2,407	2,400	2,414
E. S. Central	40	620	1,106	108	33	545	1,127	68	34	547	1,132	68	1,874	1,772	1,780
W. S. Central	125	1,047	1,582	375	104	935	1,647	213	106	940	1,655	214	3,128	2,901	2,915
Mountain	9	487	1,079	128	20	450	1,014	83	20	452	1,019	83	1,702	1,568	1,575
Pacific	20	199	729	102	21	200	704	78	28	202	710	78	1,050	1,004	1,017
Cooling Degree Days, Prior 10-year average															
United States average	53	414	909	111	55	424	926	115	55	425	935	113	1,487	1,521	1,529
New England	0	83	482	2	0	90	495	2	0	93	498	2	567	588	593
Middle Atlantic	0	154	623	9	0	162	641	9	0	162	644	9	785	812	815
E. N. Central	1	231	566	10	1	239	586	11	1	241	595	11	808	837	849
W. N. Central	4	301	680	12	5	308	693	14	5	311	701	14	997	1,021	1,031
South Atlantic	153	674	1,212	270	157	685	1,231	277	157	680	1,243	269	2,309	2,349	2,350
E. S. Central	41	519	1,076	85	44	531	1,095	89	45	527	1,106	86	1,720	1,759	1,764
W. S. Central	108	872	1,584	228	117	899	1,598	243	123	907	1,606	238	2,792	2,857	2,873
Mountain	22	447	970	88	20	452	991	91	17	454	1,000	91	1,527	1,553	1,562
Pacific	32	202	678	89	30	200	682	88	27	197	685	83	1,000	998	992

Notes:

EIA completed modeling and analysis for this report on January 9, 2025.

- = no data available

The approximate break between historical and forecast values is shown with historical data with no shading; estimates and forecasts are shaded gray.

Regional degree days for each period are calculated by EIA as contemporaneous period population-weighted averages of state degree day data published by the National Oceanic and Atmospheric Administration (NOAA).

See *Change in Regional and U.S. Degree-Day Calculations* (http://www.eia.gov/forecasts/steo/special/pdf/2012_sp_04.pdf) for more information.

The approximate break between historical and forecast values is shown with historical data printed in bold; estimates and forecasts in italics.

Regions refer to U.S. Census divisions. See "Census division" in EIA's Energy Glossary (<http://www.eia.gov/tools/glossary/>) for a list of states in each region.**Sources:**