

Table 5b. U.S. Regional Natural Gas Prices (dollars per thousand cubic feet)
 U.S. Energy Information Administration | Short-Term Energy Outlook - May 2025

	2024				2025				2026				Year		
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	2024	2025	2026
Wholesale price															
Henry Hub spot price	2.21	2.17	2.19	2.54	4.30	3.60	4.35	4.86	5.29	4.52	5.03	5.08	2.28	4.28	4.98
Residential retail (a)															
United States average	12.71	16.69	23.05	14.37	12.83	16.06	22.07	14.12	13.42	16.54	22.97	14.69	14.55	14.29	14.96
New England	19.13	20.47	23.85	20.88	21.44	22.47	25.73	20.97	21.04	22.20	25.80	21.16	20.19	21.76	21.61
Middle Atlantic	13.38	15.90	21.47	15.41	13.68	15.64	21.00	14.94	14.22	16.15	21.97	15.59	14.91	14.83	15.48
East North Central	9.24	14.56	23.30	10.83	9.38	13.45	22.62	11.42	10.49	14.71	24.46	12.11	11.27	11.33	12.45
West North Central	10.72	14.49	22.84	11.98	10.89	14.00	21.39	11.48	11.13	14.45	22.33	11.96	12.32	12.05	12.50
South Atlantic	14.59	21.83	31.84	17.02	14.11	20.75	28.92	16.37	15.69	21.44	29.97	16.80	17.55	16.67	17.94
East South Central	11.29	16.31	24.90	14.12	11.29	15.76	22.57	13.34	12.03	16.43	23.46	13.70	13.51	12.99	13.79
West South Central	12.55	22.10	28.89	20.36	13.27	20.34	26.62	15.76	12.35	19.50	26.50	15.93	17.25	15.78	15.63
Mountain	12.56	13.84	17.53	10.75	10.24	12.07	16.84	11.49	11.36	13.47	18.83	12.81	12.56	11.39	12.70
Pacific	17.71	17.23	19.09	18.51	19.37	17.74	18.63	17.63	18.47	17.25	18.66	17.80	18.02	18.46	18.06
Commercial retail (a)															
United States average	9.84	10.34	10.99	10.13	10.12	10.83	11.38	10.27	10.59	11.22	11.95	10.84	10.14	10.40	10.92
New England	12.89	12.95	12.33	12.86	13.43	13.90	13.84	13.11	13.61	14.12	14.32	13.61	12.83	13.45	13.77
Middle Atlantic	10.63	10.33	9.30	10.85	11.58	10.43	9.58	10.02	10.87	10.25	9.83	10.36	10.49	10.70	10.48
East North Central	7.42	8.94	11.09	8.26	7.93	9.22	11.13	8.55	8.90	10.12	11.97	9.14	8.19	8.51	9.38
West North Central	8.55	8.99	11.25	8.65	9.17	10.09	11.37	9.37	9.98	10.92	12.33	10.19	8.86	9.53	10.37
South Atlantic	10.38	10.33	10.65	10.44	10.19	11.30	11.59	11.07	11.17	11.83	12.26	11.67	10.42	10.80	11.58
East South Central	9.80	10.02	11.55	10.73	9.97	11.38	12.14	11.02	10.94	11.93	12.84	11.54	10.32	10.73	11.50
West South Central	9.27	9.80	10.37	10.76	9.76	10.68	11.22	10.40	10.15	11.04	11.86	11.01	9.92	10.28	10.81
Mountain	10.26	10.21	10.39	8.18	8.02	8.80	9.96	8.96	9.26	10.05	11.26	10.26	9.64	8.64	9.90
Pacific	14.00	12.48	13.95	13.83	14.99	14.13	14.17	13.73	14.51	13.72	14.15	13.85	13.63	14.33	14.10
Industrial retail (a)															
United States average	4.54	3.40	3.33	4.31	5.53	4.44	4.83	5.61	6.33	5.21	5.51	5.91	3.93	5.13	5.76
New England	11.14	9.59	7.03	9.43	11.56	10.86	9.35	10.46	11.91	11.16	9.94	11.04	9.59	10.88	11.14
Middle Atlantic	9.92	9.01	8.17	9.59	11.00	10.01	9.57	10.23	10.91	10.14	10.01	10.68	9.50	10.59	10.62
East North Central	6.34	6.16	5.95	6.25	6.77	7.06	7.25	7.49	8.13	8.19	8.25	8.17	6.24	7.07	8.16
West North Central	5.36	3.50	3.58	4.88	6.53	5.45	5.48	6.33	7.44	6.32	6.30	6.87	4.38	5.99	6.78
South Atlantic	5.22	4.54	4.66	5.19	6.14	5.75	6.16	6.83	7.68	6.77	6.99	7.31	4.93	6.23	7.22
East South Central	4.55	3.76	3.89	4.64	5.98	5.19	5.53	6.24	6.99	6.00	6.26	6.60	4.24	5.77	6.49
West South Central	2.52	2.05	2.23	2.87	4.14	3.79	4.35	4.98	5.49	4.53	5.00	5.21	2.42	4.33	5.06
Mountain	7.96	6.83	6.26	5.98	6.16	6.44	7.00	7.14	7.58	7.72	8.19	8.13	6.85	6.63	7.87
Pacific	8.82	7.26	7.56	8.50	9.00	7.90	7.86	8.25	9.11	8.10	8.17	8.53	8.13	8.53	8.54

(a) For a list of states in each region see "Census division" in EIA's Energy Glossary (<http://www.eia.doe.gov/glossary/index.html>).

Notes:

EIA completed modeling and analysis for this report on May 1, 2025.

- = no data available

The approximate break between historical and forecast values is shown with historical data with no shading; estimates and forecasts are shaded gray.

Minor discrepancies with published historical data are due to independent rounding.

Prices are not adjusted for inflation.

Regions refer to U.S. Census divisions.

Sources:

Historical data: Latest data available from Energy Information Administration databases supporting the Natural Gas Monthly. Henry Hub spot price is from Refinitiv, an LSEG company, via EIA (https://www.eia.gov/dnav/pet/pet_pri_spt_s1_d.htm).

Forecasts: EIA Short-Term Integrated Forecasting System.